

Press Clippings 09/21/19 to 09/23/19

Press Clippings 09/23/2019

There are no U-46 related news stories.

---The Courier-News---09/22/2019

Food access, choices are focus of annual Elgin Hunger Summit

By: Gloria Casas



Most Kane County residents have enough food to feed their families, but officials at the Elgin Hunger Summit said they are not necessarily making healthy choices.

Nutritional food and children's health were among the topics discussed by community leaders, food pantry representatives and soup kettle organizers at the third annual Elgin Hunger Summit.

"We come together and talk about hunger, the first thing that comes to mind when we host something like this is the homeless or low-income people," said the Rev. Jeff Mikyska, pastor of Holy Trinity Lutheran Church in Elgin. "In some way, shape or form, we all in have a hunger problem because we may be full, but it doesn't mean we're eating what we're supposed to be eating and it's leading to disease that's impacting the community."

"Do we define hunger correctly?" Mikyska said. "Is our lack of nutritional value for those of us who do eat well constitute as hunger?"

This year's summit focused on healthy food, healthy neighbors and a healthy planet. Elgin Cooperative Ministry and Community Harvest Educational Foundation sponsored the Thursday forum at Gail Borden Public Library. The nonprofit foundation promotes

better health through better eating by partnering with local organizations for training, education and food subsidies.

Kane County continues to see low-income families facing food insecurity, said Stacy Zeng, community health planner for the Kane County Health Department. The health department's 2018 Community Health Needs Assessment found 25% of people surveyed had been worried about whether their food would run out before they had money to buy more. The rate is lower than the national figure of 80%, according to assessment.

While that's good news, health department data shows those with food insecurity aren't making healthy eating choices. The number of people with diabetes has gone up from 9% in 2015 to 11% in 2018, Zeng said. Obesity also increased from 28% in 2015 to 32% in 2018, she said.

Among children, the county saw a spike in obesity from 16% in 2015 to 24% in 2018, Zeng said. The assessment also found children are drinking one or more sugar-sweetened drinks per day. Fifty-five percent of children had more than one sweetened drink per day compared to 34% in 2015, she said.

Families facing food insecurity aren't necessarily able to buy healthy foods or make healthy choices, Zeng said. Parents "are just trying to get them fed and keep them from being hungry," she said.

A key is educating children so they can tell parents to make different eating choices, said Shirley Sadjadi, Community Harvest president. "It starts with children. If they get excited about it, they'll tell their parents."

Kane County doesn't have a health education program, but the foundation is working with local schools to bring a project, Celebrity Chef, to the classroom. **School District U46** is also offering fresh food in nine elementary schools, U46 board member Veronica Noland said.

She would like to see fresh food in all of the district's schools, she said. "We have a long way to go, but it's exciting," she said.

Chef Douglas Callegario offered a few tips for families to start making healthy changes. His best advice is cook at home to avoid highly processed foods, which provide no nutritional value, he said.

"People who cook and eat at home are much healthier," said Callegario, a member of Community Harvest. Fresh food is what humans "were made to eat," he said.

While cooking at home takes more planning and a few strategies, "you can do this," Callegario said.

---Daily Herald---09/21/2019

Congregation Kneseth Israel celebrates High Holy Days with new family services

Submitted by: Margaret Frisch Klein



Students at Congregation Kneseth Israel in Elgin practice for Rosh Hashanah.

Jews around the world are beginning the most holy time of the year, the Days of Awe, where they pause to reflect, make amends and celebrate the new Jewish year.

At Congregation Kneseth Israel, the preparations are in full swing.

"For 125 years, there have been Jewish services for the High Holy Days here in Elgin but every week someone tells me they didn't know there is a synagogue here," said Rabbi Margaret Frisch Klein. "The challenge for us as a community, is to respect and honor the traditions while being cognizant of the modern world. I see myself as a bridge so that people can find meaning in the beauty of this ancient tradition."

To that end, Kneseth Israel is adding some new traditions in among the old favorites.

Music director Stew Levin has composed a new setting of the traditional "Adonai, Adonai" penitential prayers.

Central to the holy days, this setting will be premiered on Selichot Saturday night, Sept. 21, and then chanted again during the Kol Nidre service.

On Tuesday evening, Oct. 8, just before sunset, Kol Nidre will feature the haunting sound of the traditional Kol Nidre melody performed masterfully on the cello by Sara Sitzer of the Elgin Symphony Orchestra.

Used to set the spiritual tone of this important evening, the melody will provide the backdrop as the Torahs are paraded to the bimah by the Bar and Bat Mitzvah students and handed to the leaders of the congregation.

Leadership is important in a synagogue life. As part of the celebration of this High Holy Day season, there will be brief remarks by some of Elgin's leaders about how they see leadership. Speakers include **Tony Sanders, CEO of Elgin Area School District U-46**; Ana Lalley, Elgin Chief of Police; Linda Deering, president of Advocate Sherman Health; and the Rev. Jeff Mikyska, pastor of Holy Trinity Church, CKI's neighbor.

There will be ample activities for children of all ages during the days when services are held.

Children will be joining the main service on Rosh Hashanah to sing a modern rendition of Eitz Chayim following a traditional version sung by the choir.

"Our children are our future," said Heather Weiser, education director. "We wanted to make sure that they are visible and that they feel they have a part in our service. When the congregation sees them, that's when everybody smiles. They bring us such joy and 'ruach' spirit. It was great seeing all the kids practicing with their shofars."

This year, Congregation Kneseth Israel is also introducing special, new family services at 4 p.m. Monday, Sept. 30, and Wednesday, Oct. 9.

Tashlich, an atonement service by open water, will be held at Lords Park on the second day of Rosh Hashanah at 4 p.m. Tuesday, Oct. 1.

The season wraps up with a lovely "break-the-fast" meal in the social hall at sunset on Wednesday, Oct. 9.

A full schedule of services is available online at www.ckielgin.org. Services are free and open to the public. You don't need a ticket, although donations are welcome. Parking is available in the lot, 330 Division St., and in the adjacent parking lots at Holy Trinity or at Leetz Funeral Home.

ECC to host fair featuring Historically Black Colleges and Universities Sept. 28

Submitted by: Elgin Community College

Representatives from Historically Black Colleges and Universities will be at Elgin Community College on Saturday, Sept. 28, for the third annual HBCU Fair.

The event, which is free and open to the public, will be held from 10 a.m. to 1 p.m. in the Jobe Lounge, located in Building B, 1700 Spartan Drive, Elgin.

"Past fairs have had a great response from community partners, high school students, and ECC students," says Amybeth Maurer, ECC director of first year programs and student life. "Each year, the fair grows as participants continue to support the event by bringing more friends, family, and supporters to celebrate the excellence in education, culture, and tradition of HBCUs."

The HBCU fair is designed to demonstrate community-wide and institutional support for all students and their aspirations by showing them the variety of educational options available.

ECC representatives will be present to help students and families understand the academic, social and financial advantages of starting their educations at ECC and transferring to an HBCU after two years.

"It is important for students to feel welcome and comfortable with the institution they choose to attend, and the HBCU fair gives them a glimpse of that life," Maurer said. "By providing valuable information and resources, students are able to make a more informed decision the best meets their needs."

Historically black colleges and universities scheduled to attend include: Fisk University, Fort Valley State University, Morehouse College, Spelman College, South Carolina State University, Tuskegee University, Virginia State University, Xavier University of Louisiana, and Wilberforce University.

The fair also will feature a panel of HBCU alumni who will share their experiences, a live step show, a Black Greek Yard experience, and on-site financial aid (FAFSA) assistance. Music, door prizes, and raffle giveaways will co

The event is sponsored by Elgin Community College, Delta Sigma Theta Sorority Incorporated, United Negro College Fund, Elgin Area School District U-46, Black Student Achievers, and the Organization of Latin American Students.

For more information, visit elgin.edu/HBCUFair or contact Amybeth Maurer at (847) 214-7078.

SPORTS

---Daily Herald---09/21/2019

Bartlett pulls away from Elgin in 4th quarter

By: Allen Oshinski

Bartlett's defense helped fuel its offense Friday.

Liam Gallagher returned an interception for a touchdown, Nick Bucaro brought back another to the 1-yard line to set up a score, and the Hawks sacked Elgin quarterbacks 5 times in a 34-13 homecoming victory.

The teams combined for 6 turnovers and more than 170 yards in penalties in the sloppy Upstate Eight contest.

Jordan Snyder ran for 2 scores, Tyler Rivelli scored on a long run and Michael Priami tossed a touchdown pass to Bucaro for Bartlett (3-1, 3-1).

The Hawks led just 20-13 with under 10 minutes left after Xavier Bonds scored on a short run for Elgin (0-4, 0-4). But Bartlett answered with 2 touchdowns in 76 seconds to break the game open.

After Bonds' score, Matthew Young returned the kickoff 50 yards into Elgin territory, from where it took the Hawks just 2 plays to score. Bucaro cashed it in with a 42-yard scamper.

Three plays later, Bucaro intercepted an errant pass and returned it to the 1-yard line. Snyder took it in from there and what had been a close game 2 minutes earlier suddenly looked like a blowout.

Bartlett led 13-7 at halftime thanks to a 67-yard run by Rivelli, who finished with 131 yards on just 16 carries. Snyder added 82 yards on the ground. After a slow start, Priami completed 8 of 10 passes to start the second half, finishing 12 of 26 for 159 yards.

Joe Latrofa had a fumble recovery and a strip sack that ended Elgin's last-gasp drive.

As usual, Bonds did a little of everything for the Maroons. He caught 5 passes for 81 yards, ran for a score and came up with an interception and long return.

With tailback Brandon Bridges sidelined, the Maroons often lined up with empty backfields or with receivers Bonds and Alex West in the backfield. Quarterback Gio Griffin was Elgin's leading rusher with 76 yards. He and Jeffery Lomax combined to complete 16 of 31 attempts for 249 yards.

Bartlett took the lead when Rivelli ran straight up the middle, broke a tackle near the line of scrimmage, then cut outside and raced up the sideline 67 yards for a score with 5 seconds remaining in the first quarter. The Hawks increased the lead to 13-0 when Gallagher hauled in an errant Elgin effort and raced 71 yards for the score.

The Maroons finally got on the board 6 seconds before halftime when Lomax found Darien Jackson in the corner of the end zone. The drive covered 94 yards in less than 3 minutes, with Lomax completing passes of 16 yards to Jackson and 33 yards to Bonds along the way.

South Elgin keeps shutout streak going

By: John Lemon

Maybe sometime this season South Elgin will give up a point.

Hasn't happened yet.

Coming into Friday's Upstate Eight game against visiting Streamwood, South Elgin had a tough task if it wanted to maintain the pace of its first three games -- a combined 169-0 margin.

But that's just what the Storm did. And then some.

The Storm blitzed the 2-1 Sabres with 28 first quarter points, then put 21 more on board in the second quarter on their way to a 63-0 victory.

"We felt they were the best team we've played up til now," South Elgin coach Dragan Teonic said. "The game was really wild in the first quarter. I thought we played hard and physical. And we are growing as a team."

South Elgin (4-0, 4-0) stays perfect heading into next week's game at Glenbard East, also 4-0. The Rams won the Upstate Eight last year beating the Storm 35-7.

"They got after us," Teonic said. "That game has been circled since January in the weight room. We're ready to roll. Our kids know what's at stake and what we need to do."

Friday's outcome was never in doubt. The Storm took advantage of a short field throughout the first half, starting drives at the Sabres' 23, 25, 26, 31 and 16-yard lines.

The longest they had to go to score was 59 yards. That came on opening possession after Eron Mahmudi recovered a Streamwood onside kick. Later in the quarter South Elgin tried an onside kick and senior Christian Mastropieri recovered.

Sophomore quarterback Ben Karpowicz (5-for-6, 94 yards) threw the first of his three touchdown passes, a 20-yarder to Marquis Gillespie II, to make it 7-0.

The lead quickly swelled as Streamwood (2-2, 2-2) did not pick up a first down in the opening half to get its defense off the field. South Elgin outgained the Sabres 290-24 in the half, 393-40 for the game.

Corve King caught a pair of touchdowns from Karpowicz before Mahmudi took over at quarterback and scored on an 11-yard run for a 49-0 halftime lead.

Gillespie also ran for a first-half touchdown as did Alex Noworol and Davion Cherwin.

"We wanted to take away the run at beginning and they threw the ball there," Sabres coach Don Guindon said. "They are a good team. Dragan has the program rolling."

Mahmudi and Payton Dennis scored South Elgin's second-half TDs.

Meanwhile the Storm defense stayed unscored on, Streamwood never getting past midfield with just 2 first downs in the second half. Gillespie II intercepted a pass and Dylan Bernal recovered a fumble as the Storm have now won their four games 232-0.

"We want to keep that streak going," Bernal said. "We wanted to set the tone in the beginning and punch them in the mouth."