



SCHOOL DISTRICT U-46

LOCAL WELLNESS COMMITTEE FALL MEETING

November 21, 2024

2:00PM

GOOGLE MEET

AGENDA

- I. Welcome and Introduction
 - A. Introduction and welcome of committee members.
- II. Review of the district wellness policy
 - A. The district wellness policy promotes healthy eating, physical activity, and wellness aligning with USDA Smart Snack Standards.
 - B. Updates:
 1. Elementary and middle schools: No food-based fundraisers during school hours.
 2. High Schools: Nine Exempt fundraising days allowed.
- III. Overview of the wellness committee goals
 - A. Purpose of the wellness committee: Support and implement the district's wellness policy, ensure compliance, and gather feedback.
 - B. Goals:
 1. Partner with a new purchasing cooperative to expand menu offerings.
 2. Elementary: Sample new menu items to gather feedback.
 3. Secondary: Test new recipes including vegetarian options.
- IV. Identifying key areas to focus on this school year
 - A. Initial discussion to gather feedback from secondary students in collaboration with consumer sciences.
 - B. Plan an outreach with Communications and Community Relations to support wellness initiatives.
 - C. Discussed wellness challenges, program enhancements, and resource sharing.
- V. Next meeting date
 - A. Tentative date: End of February 2025
- VI. Questions & wrap up
 - A. Open floor for questions and suggestions.
 - B. Meeting adjourned ~2:30pm