July Kinder Camp Lunch		2025		THE WHOLE YOU	U-46 Food & Nutrition Services		
						Updated 06/08/25 Menu Subject to Change	
MON		TUE	WED 2	THU 3	FRI 4		
		I	<u>ل</u>	U	T	Milk Offered Daily at Meals Choices: 1% plain or unflavored	
	7	8	9	10	11	fat-free milk with all entrees.	
						Fruit Rotation* Orange Wedges Apple Slices Juice 100% fruit juice will be offered too *Subject to Change	
	14	15	16	17	18		
	21	22	23	24	25		
				Grilled Cheese	Cheese Pizza	Fruit and vegetable served daily at meals.	
				Crinkle Cut Fries Orange Wedges	Corn Apple Slices		
						Vegetarian Option Available Upon Request When Meat	
	28	29	30	31		Option Served. Options Could Include: Jammers, Grilled Cheese	
		Grilled Cheese	Cheese Pizza				
		Crinkle Cut Fries Orange Wedges	Corn Apple Slices			Menu Questions? Contact Judy Naughton, U-46 District Dietitian, at judithnaughton@u-46.org or call (847)-888-5000 ext. 5034	

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