

# Counseling Framework Proposal

## Counseling Framework

Proposal to Adopt Framework 2020-2021

**Presenters:** 

Michele Chapman, Director of Post-Secondary Success Alexa Charsha, Lead Counselor



## Counseling Framework Committee

Lela Majstorovic, Asst. Superintendent for Secondary Schools Instruction and Equity Michele Chapman, Director of Post-Secondary Success

> Alexa Charsha, Lead Counselor Martin Aburto, EHS Counselor Stephanie Fullhart, BHS Counselor Zio Gil, EMS Counselor Diana Gutierrez, LMS Counselor Jill Hunt, LHS Counselor Cindy Jordan, BHS Counselor Peggy Phillips, SHS Counselor Joan Riedel, LHS Associate Principal Heather Spear, EHS Counselor Jay Svendsen, CMS Counselor Jessica Ventrella, KWMS Counselor Dominique Zewde, SEHS Counselor

## Framework Purpose

- Design a 7th 12th grade counseling framework aligned to the Developmental Counseling Model for Illinois Schools, Post-Secondary and Career Expectations (PaCE) Framework, American School Counselor Association (ASCA) Standards, and Illinois Social-Emotional Learning (SEL) Standards.
- Identify measurable outcomes aligned to the implementation of the counseling framework and assess their efficacy.
- Design student-centered learning experiences for all students supported by U-46 Counselors.
- Align framework opportunities for cross-disciplinary and Multi-Tiered System of Supports (MTSS) support during the instructional day.

## Rationale

Students need information and support to make informed decisions about their plan for high school, post-secondary choices, and personal and social wellness. The counseling framework provides students opportunities to:

- Receive equitable services and engage with school counselors; and,
- Participate in learning experiences that will highlight their individual interests, improve their personal and social skills, and grow their academic achievement throughout their secondary years.

# 146 STRATEGIC PLAN



#### Student Achievement

Aspiration: We will educate the whole student by providing an enriched, high quality experience that empowers all graduates to be competitive members of the global society.

#### Effective & Engaged Staff

Aspiration: We will value, develop, and recruit a forward-thinking, highly qualified, and diverse workforce.

#### Community Engagement

Aspiration: We will engage in meaningful and effective relationships with all families and the greater community.

#### Excellence, Efficiency & Accountabilty

Aspiration: We will advocate for and utilize systems and resources that promote operational excellence, efficiency and accountability.

## Framework Committee Process

- Call to Committee Summer 2019
- Standard Selection and Allocation
- Creation of Counseling Framework
- Development of Counseling Grade Level Documents
- School Counselor Feedback
- Curriculum and Instruction Plus Team Feedback
- Professional Development Team Feedback
- Instructional Cabinet Feedback
- Instructional Council Steering/Instructional Council Feedback
- Board of Education Presentation

## Resources for Counseling Framework

# Resources used to help define student activities and measures within our counseling framework:

- Developmental Counseling Model for Illinois Schools
- ASCA Mindsets and Behaviors
- Illinois Social and Emotional Learning Standards
- Illinois PaCE Framework

#### 7th Grade Activities

- Self-Awareness
- Learning Style
- Career Interests
- Access to School Resources
- School Engagement

- Career Personality-Type Assessment (Career Key)
- Learning Styles Inventory
- Student Feedback, Reflection, and Participation Data

#### 8th Grade Activities

- Career Awareness
- Post–Secondary Exploration
- Preparation for High School

- Career Cluster Finder
- 8th Grade Transition Survey
- Student Feedback, Reflection, and Participation Data

#### 9th Grade Activities

- Goal Setting
- Develop and Implement a Four-Year Plan
- Developing High School Success Skills
- Extracurricular Survey

- Student Four-Year Plan
- Student SMART Goals
- Strengths Explorer
- Freshman on Track Rate
- Student Feedback, Reflection, and Participation Data

### **10th Grade Activities**

- Self-Awareness Inventory
- Post-Secondary Planning
- Early College Experiences
- Effective Communication Skills

- Student Four-Year Plan Revision
- Myers-Briggs Assessment
- Student SMART Goals
- Post–Secondary Planning Survey
- Student Feedback, Reflection, and Participation Data

#### 11th Grade Activities

- Align Career Goals and Education
- Career Attributes
- Identify Post-Secondary Options
- Goal Monitoring and Revision

- Student Four-Year Plan
- Career Interest Profiler
- Student SMART Goals
- College Supermatch
- Student Feedback, Reflection, and Participation Data

### 12th Grade Activities

- Align Career Goals and Post-Secondary Plans
- Identify Resources to Accomplish Goals
- Determine Next Steps for Post-Secondary Plan

- ISAC Gap Access Report
- Senior Exit Survey
- Post-Secondary Plan Evidence
- National Clearinghouse Data
- Student Feedback, Reflection, and Participation Data

## **Curriculum Implementation**

<u>Fall/Winter 2020</u>: Professional Development for school counselors.

<u>School Year 2020–2021</u>: Implementation of priority lessons for all secondary students. Begin working with curricular areas on incorporating framework areas.

Spring/Summer 2021: Monitor framework, resources, and Professional Development (PD) through evaluation information and counselor feedback. Continue working with curricular areas for framework implementation.

## Professional Development

## **Sessions**

- Ongoing professional development during district school counselor meetings
- New Teacher Orientation for our new counselors

## **Next Steps**

- Ongoing review and revision of counseling framework, evaluations, and lessons using data collected from student feedback through surveys and reflections
- Continue to design student-centered learning experiences for all students supported by U-46 Counselors
- Align framework opportunities for cross-disciplinary and MTSS support during the instructional day
- Continue to develop counseling activities to meet the needs of the students to implement the counseling framework



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