

October, 2020

Freshman Success Newsletter



We are BHS:

We **Believe**

We **Honor**

We **Succeed**

And we **DREAM BIG!**

Hello class of 2024! I hope you are getting used to e-learning. It's tough-but you can do it. It helps if you turn your camera on-your teachers want to put a face to a name. It also helps keep you more engaged in class. Give it a try!

Check you school email a few times/week-teachers (and me) send you notifications via email.

Freshmen on Track:

What does this mean?

Freshmen who are on track to graduate in four years are those who have at least 10 credits by the end of 9th grade, and receive no more than one E in core classes (English, Math, Science, Social Studies). Let me know if you need help-we have tutors and your Peer Leader mentor is a great resource.

If you haven't already done so, please send me (adeledalesandro@u-46.org) a picture of yourself with a sentence or two about your hobbies and what you are looking forward to at BHS. Also, don't forget to fill out the survey!

Important Dates:

October 22- 1st Quarter ends. This means **grades** will be posted. Now is the time for you to reach out to your teachers-ask them if you can make up missing formatives or summatives.

November 30th-December 4th: Course selection for all freshmen will take place during this week. Counselors will present course options and assist students in choosing their courses for Sophomore year. There will be more information shared soon!

School Counselors will be visiting all freshman Biology classrooms over the next two weeks to talk about the role of a Counselor and to review various resources available.

Freshman Advisory Board: Will be made up of freshmen students to support each other and have a voice in what happens at BHS. Let me know if you are interested via this [survey](#).

Student Services:

A message from our nurse, Leann Nietzke:

All Freshmen/9th graders must provide a physical exam to the School Health Office (Nurses' Office) per Illinois school code. These were due October 15. If you know you haven't turned in your student's physical yet, please don't wait for our call! Turn it in by fax (630-736-7137), email (LeianNietzke@u-46.org) or by dropping it off at BHS (door 26 on Schick Road). We are in the office from 7:30 am to 3 pm Monday - Friday.

Social workers are available to meet with students to help address social-emotional concerns. Please do not hesitate to reach out anytime. To identify which social worker to contact, the breakdown of alpha and emails are listed below:

Mrs. Hermann A-G lorihermann@u-46.org

Ms. Andrews H-O alisonandrews@u-46.org

Mr. Johnson P-Z markjohnson@u-46.org

Counselor by alpha:

A-Castillo-Mrs. Langerock ext. 4639

Castro-Galati-Mr. Van Booven ext.4191

Gall-Kaj-Mrs. Fulhart ext. 4639

Kal-Miller-Mrs Cauley ext.4638

Miq-Phil-Mrs. Hilvert ext.4686

Pia-Sol-Mrs. Laursen ext. 4637

Som-Z-Mrs. Bean ext.4687

BREATHE: Take a few minutes each day to sit in a quiet spot and just breathe.



As always, if you need anything, please reach out to me adeledalesandro@u-46.org or your counselor. Look in your email for a message from your Peer Leader mentor. Please email him/her back-they want to help.